



Environmental Services Zero Injury Programsm

Program Highlights:

- **Goals:**
 - 1) Reduce injuries and lost days.
 - 2) Have ESD staff take charge of on-the-job safety, and take an active roll in creating a safe work environment.
 - 3) Increase staff job satisfaction.
- Best case scenario: **ZERO INJURIES.**
- You can submit ideas and solutions to issues and hazards you see while working to earn points and win prizes!
- Ideas submitted by the staff will be reviewed by the ES Management, and the most feasible ideas will be approved and implemented.

In addition, guest speakers from various fields will be asked to come to your meetings and speak about different topics related to working safely. If you have an idea for a speaker, let the ZIP Team know!

"We are really excited to help coordinate the Zero Injury Program in Environmental Services. This program is really a win-win for the employees and the hospital."

Craig Bock, MA, CRC
Bock Consulting

Program Dates: September 2006 through August 2007

Environmental Services Kicking Off ZIP in September

Evergreen Healthcare is proud to announce that it has partnered with Bock Consulting to bring the Environmental Services Department the Zero Injury Programsm.

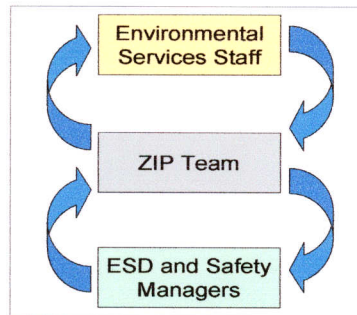
Goals of the Program. The goals of the Zero Injury Program (or "ZIP") are to

- 1) Eliminate work place injuries and lost days.
- 2) Have ESD staff take charge of on-the-job safety.
- 3) Increase job satisfaction.

These goals will be achieved primarily by strengthening the communication between employees and management.

This Program relies on employee participation. You can get involved in ZIP by submitting ideas about potential work place hazards and solutions. You can also get involved by joining the ZIP Team. The ZIP

Team reviews ideas submitted by the Environmental Services staff and awards points for the ideas submitted by the ESD staff. The ZIP Team also selects the ideas to present to Management for review.



Earning Points. You can earn between 1 and 3 points when you identify hazards/issues you find while working. When you suggest a solution to the hazard or issue, you can earn up to 5 points—the solutions earn more points because good, creative

solutions are what we are looking for! And the more ideas you submit, the more opportunities you have to win!

Prizes. Prizes will be awarded on a monthly basis to those people who have the highest number of points for the month and for the program. In addition, at the end of the program, prizes will be given to the top 35 points earners. Top prize is a \$500 American Express Gift Certificate.

We need your participation. The only way ZIP will work is if you help! Make it your goal to identify one issue/hazard per week and suggest your solution to solve the issue. Who knows, you could win fabulous prizes!

The Zero Injury Program is being brought to you with the support of the Environmental Services Management team, as well as the Employee Health Department.

Injuries Impact You—Yes, You!

Did you know that in the last 5 years there have been 79 injury claims in the Environmental Services Department? This means on average, each year 20% of the Environmental Services staff has a work related injury. Yikes! At this pace, everyone should expect to get hurt every 5 years.

Evergreen Healthcare spends approximately \$100,000 each year to care for the workers who sustain injuries in Environmental Services. But more importantly, these injuries have a direct, immediate, and significant impact on the quality of the injured workers' lives.

If you get injured at work, it not

only keeps you from working, but it may also keep you from doing the things you enjoy, like camping with your family, going to a ballgame, gardening, or picking up your grandchildren.

Let's work together over the next 12 months to see if we can reverse the historical trends and make this the safest year yet!

Get to Know the Program Coordinators

The Program Coordinators for the Zero Injury Program are Craig Bock, MA, CRC, and Brice York, BA, VRC. Both are registered with the Washington State Department of Labor & Industries as vocational rehabilitation counselors. As vocational rehabilitation counselors they work with injured workers on a daily basis. In fact, Craig Bock has been working with injured Evergreen Healthcare workers for the last nine years. If you have any ideas or comments about the program, please feel free to contact them directly.


Bock Consulting
11410 NE 124th St., #213
Kirkland, WA 98034
Tel: (425) 823-7115
www.bockconsulting.com
Craig@bockconsulting.com
Brice@bockconsulting.com